

COMMUNITY LEARNING CENTRE (CLC) NEWSLETTER.



"REAL, SUSTAINABLE COMMUNITY CHANGE REQUIRES THE INITIATIVE AND ENGAGEMENT OF COMMUNITY MEMBERS" - HELENE D. GAYLE

Message from our CDA

As we close out of school's 3rd quarter, we continue to address our three areas of focus, consciously and intentionally supporting and celebrating our diverse school community. Prioritizing attention where overall wellness of our students and staff are concerned and we continuing to equip students with the necessary tools to achieve success both academically and socially. PCHS's Community Learning Centre aims to also strengthen our community partnerships enabling an array of resources including extra-curricular activity opportunities for all of our students. We are always open to suggestions and support from all stakeholders with the goal of transforming our school grounds to be an equitable educational & workspace for all.

*Your Community Development Agent (CDA),
Kemba Mitchell*



PCHS - COMMUNITY LEARNING CENTRES 3 MAIN AREAS OF FOCUS:

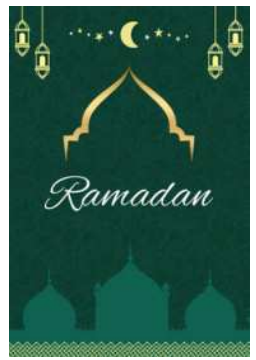
- WELLNESS - PROMOTING MENTAL HEALTH OF STUDENTS AND STAFF / ADDRESSING OPPRESSIONS FACED BY MARGINALIZED COMMUNITIES
- ENGAGEMENT - STRENGTHENING PCHS COMMUNITIES (ADMINISTRATION, FACULTY, STUDENTS, AND PARENTS) ACCESS AND VISIBILITY TO COMMUNITY RESOURCES OFFERED BY CURRENT AND/OR NEW CLC PARTNERSHIPS/AFFILIATIONS
- ACHIEVEMENT - SUPPORT THE ACADEMIC SUCCESS OF STUDENTS

HIGHLIGHTS SINCE LAST OUR NEWSLETTER...

FROM COMMUNITY DRIVEN OPPORTUNITIES TO CELEBRATING OUR DIVERSE SCHOOL COMMUNITY.



KEISHA FERDINAND VISITS OUR BSU CLUB TO SPEAK ABOUT AMPLIFYING STUDENT VOICES



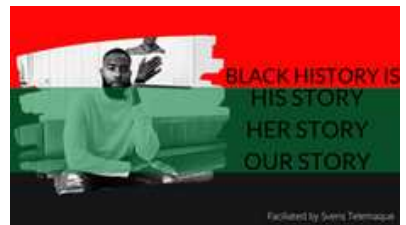
CELEBRATING RAMADAN



JUST GUMBOOTS SESSION



TRACKING BLACK CANADA - TRAILBLAZERS EDITION" W/ OMTA



CELEBRATING BHM W/ SVENS TEHEMAQUE



SIKH HERITAGE MONTH



CELEBRATING PURIM



WOMENS HISTORY MONTH



INTL HOLOCAUST REMEMBRANCE DAY



JUNIOR 'NOT ALL HEROES WEAR CAPES' PROJECT BSU MEMBERS



SENIOR 'NOT ALL HEROES WEAR CAPES' PROJECT BSU MEMBERS

PCHS STAFF & STUDENTS PRESENTED AT THE 2022 CSC LEADERSHIP CONFERENCE



OUR VERY OWN MS. BERTRAND IN THE MONTREAL GAZETTE

Upcoming community opportunities.

PARENTING IN THE 21ST CENTURY:

NAVIGATING SOCIAL MEDIA/SCREEN TIME/GAMING IN THIS WEBINAR WE WILL DISCUSS WHAT ARE THE RISKS AND BENEFITS OF KIDS' USE OF DIGITAL DEVICES AND WHAT IS RECOMMENDED DEPENDING ON THE AGE OF THE CHILD. WE WILL FOCUS ON WHAT PARENTS CAN DO TO MANAGE CHILDREN'S AND TEEN'S SCREEN TIME BEHAVIOR'S AND WAYS TO PROMOTE A MORE HEALTHY AND SAFE ENGAGEMENT WITH SOCIAL MEDIA AND THE INTERNET. PRESENTED BY CENTRE OF EXCELLENCE FOR MENTAL HEALTH.

APRIL 26 2022 FROM 7PM - 8PM

[REGISTER HERE](#)

AJOI - OPEN GYM PROGRAM IS BACK!!

- TUESDAYS 6-9PM: BADMINTON/PING PONG @ CENTRE SOCIOCULTURAL (IL'E-BIZARD)
- THURSDAYS 6-10PM: SOCCER (CHALLET GRIER)
- SATURDAYS 6-10PM: BASKETBALL/SOCCER (ALTITUDES)

FOR MORE INFORMATION, CALL (514) 267-6029 OR EMAIL ANIMATION@AJOI.INFO



PCHS PAN AFRICAN FLAG RAISING CEREMONY MAKES NEWS IN A BIG WAY



JUNIOR BSU MEMBERS HOST A BHM KAHOOT ACTIVITY



MULTI-CULTURE DAY!

NEW EXTRA-CURRICULAR ACTIVITIES AND ONGOING CLUBS

New Extra-Curricular Activities

- BREAKDANCING
- BOXING
- CODING PROGRAM
- BEHIND THE SCENES THEATRE/FILM/TELEVISION
- FOOD FOR THOUGHT

PCHS Clubs

- STUDENT VOICE CLUB
- BLACK STUDENT UNION (BSU) CLUB
- SEWING CLUB
- FANCY NAILS CLUB
- SCIENCE CLUB
- GSA CLUB
- DEBATE CLUB
- SCHMOOZE CLUB
- PC PLAYERS CLUB

WE'VE BEEN ABLE TO OFFER PCHS STUDENTS A VARIETY OF ECA'S AND CLUBS TO TAKE ADVANTAGE OF SINCE THE BEGINNING OF THE 2021-2022 CALENDAR SCHOOL YEAR.

BREAK PCHS - BREAKING PROGRAM

First session begins TODAY, Tuesday, April 26th!

WHEN? Tuesdays from 2:40-3:40 pm
 WHERE? PCHS dance room
 WHAT? Wear comfortable clothing & shoes
 WHO? Open to ALL students

BREAKING WITH BREAK CITY



BLACK STUDENT UNION CLUB IS OPEN TO ALL!



A BOXING EXPERIENCE C/O CHAMPS BASKETBALL

PCHS STUDENT VOICE !



- I thought I would be able to share my opinion on....
- I am concerned about... and I need help to fix it
- I want to know what resources I have for speaking out about
- I just want a place to meet new people

BECAUSE YOUR VOICE MATTERS!

IF ANY OF THESE THOUGHTS RESONATE WITH YOU, JOIN THE STUDENT VOICE CLUB. Juniors meet Day 2's Seniors meet Day 4's

OUR STUDENT VOICE CLUB RETURNS



SEWING CLUB



NEW PROJECT



THURSDAYS, AFTER SCHOOL - INNOVATION LAB.



OUR SCHMOOZE CLUB IS BACK WITH RABBI DAVID!

OUR SEWING CLUB HAS REGULAR NEW PROJECTS



Gender & Sexualities Alliance (GSA)

Come and dance to your favourite gay anthems at Senior Lunch

Friday April 29th

The best dancer will get a prize 🏆👏👏

OUR GSA CLUB ALWAYS HAS FUN & EDUCATIONAL ACTIVITIES

A CODING PROGRAM FOR YOUTH

WONDERFUL NAILCARE EXPERIENCE EACH AND EVERY FRIDAY

OUR CLC COMMUNITY PARTNERS



Get involved!

IF YOU'RE

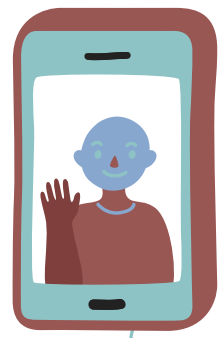
- A PERSON WHO AIMS TO DO THE RIGHT THING.
- INTERESTED IN MAKING A POSITIVE IMPACT AT SCHOOL FOR ALL.
- A BELIEVER OF UNBIASED EDUCATION.
- A PCHS STUDENT, STAFF, ADMINISTRATION OR PARENT.

THEN JOIN PCHS'S EQUITY, DIVERSITY & INCLUSION COMMITTEE BY CONTACTING KMITCHELL08@LBPSB.QC.CA

IF YOU'RE

- INTERESTED IN LEARNING MORE ABOUT HOW YOUR COMMUNITY CAN SUPPORT PCHS'S NEEDS.
- CURIOUS ABOUT CLC FOCUS FOR 2021-2022
- FOCUSED ON DEVELOPING YOUR COMMUNITY KNOWLEDGE AND SKILLS
- A PCHS STUDENT, STAFF, ADMINISTRATION, PARENT OR COMMUNITY MEMBER

THEN JOIN PCHS'S COMMUNITY LEARNING CENTER (CLC) STEERING COMMITTEE BY CONTACTING KMITCHELL08@LBPSB.QC.CA



STAY CONNECTED

